

**58th ANNUAL MT. SAC RELAYS****"Where the world's best athletes compete"****Cerritos College Falcon Stadium-Norwalk, CA - 4/14/2016 to 4/16/2016****Results - Thursday Track****Women 10000 Meter Run Open B C/O**

Name	Team	Finals
<b>Section 1</b>		
1 Hattie Schunk	Texas Tech	35:28.69
2 Alexandra Hess	Colorado St.	35:51.08
3 Gemma Bridge	McNeese Stat	35:55.93
4 McKenna Spillar	Colorado St.	35:58.14
5 Cassidy Ahrens	Western Stat	35:59.16
6 Grace Tinkey	Adams State	35:59.29
7 Amy Frauhammer	Eastern Mich	36:00.96
8 Kelly Brooks	UCLA	36:02.78
9 Brigitte Caruthers	Central Arka	36:05.57
10 Emily Odle	Indianapolis	36:11.85
11 Bailey Oettel	South Dakota	36:17.08
12 Kirsten Vergara	Arizona	36:21.05
13 Carli Langley	Arkansas-Lit	36:21.53
14 Megan Rogers	Central Wash	36:24.46
15 Sara Williams	UNLV	36:25.60
16 Megan Billington	South Dakota	36:30.32
17 Ashley Moffett	San Francisc	36:31.31
18 Regina Salinas	Texas A&M-CC	36:45.02
19 Carina Novell	St. Mary's (	36:46.89
20 Ashley Mitchell	San Diego	37:03.99
21 Lauren Bartels	Tulane	37:23.20
22 Darian Sharp	Utah Valley	37:23.56
23 Emily Mauch	Maryville (M	37:24.55
24 Makenzie Smith	MSU-Moorhead	37:26.86
25 Stephanie Ruiz	Cal St. Full	37:28.57
26 Allison Anich	Wis.-Milwauk	37:28.71
27 Hanne Christensen	Western Mich	37:28.87
28 Alexis Lewandowski	IUPUI	37:31.33
29 Daya Wagh	Western Mich	37:38.07
30 Logan Bishop	Arkansas	37:47.20
31 Becky Grabow	Pacific	38:06.42
32 McKaela Christenson	Academy of A	38:14.47
33 Jennifer Emery	IUPUI	38:15.75
34 Rebekah Bosler	SMU	38:38.64
35 Cassidy Webber	SMU	38:42.09
36 Michelle Clark	Biola	38:47.88
37 Sarah Kapple	San Diego	38:49.42
--- Tara Hanley	Richmond	DNF

**Women 10000 Meter Run Open-A C/O**

Name	Team	Finals
<b>Section 1</b>		
1 Emily Roberts	Southern Ind	33:54.72
2 Karis Frankian	The Masters	34:36.19
3 Jocelyn Caro	Texas Tech	34:36.85
4 Amanda Bowman	Portland State	34:40.09
5 Savannah Berry	Utah Valley	34:42.13
6 Hailey Whetten	Weber State	34:43.09
7 Karlie Garcia	Chico State	34:47.45
8 Samantha Mattice	San Diego	34:54.88
9 Frederique LaTraverse	San Francisc	34:59.57

10 Ericka Hibser	Northern Ill	34:59.62
11 Sasha Hovind	Northern Sta	35:00.35
12 Eileen Stressling	Azusa Pacifi	35:11.23
13 Alice Jensen	BYU	35:12.28
14 Dakotah Bullen	Northern Sta	35:16.70
15 Katie Jensen	Rice	35:19.41
16 Ellyn Atkinson	Missouri	35:21.46
17 Megan Costanzo	North Centra	35:25.78
18 Zoey Johnson	IUPUI	35:25.95
19 Paige Hughes	UC San Diego	35:27.07
20 Julie Sawyer	Prado Racing	35:29.85
21 Shaylen Crook	Utah	35:34.89
22 Isabelle Brauer	San Francisc	35:37.63
23 Berenice Penaloza	Eastern Wash	35:38.54
24 Kate Stringfellow	Utah	35:45.50
25 Jessica Reeves	Southern Ind	35:53.19
26 Abbey Dixon	Arkansas State	35:56.82
27 Lauren Lipski	Colorado Mes	35:58.43
28 Jamie Adkins	Southern Ind	36:01.07
29 Kelsey Nielsen	San Francisc	36:01.29
30 Jessica Lincoln	Southern Ind	36:01.74
31 Morgan Willson	Washington S	36:06.48
32 Cara Sherman	Albany	36:12.50
33 Hannah DeVries	Pittsburg St	36:15.61
34 Shannon Porter	Saint Martin	36:19.02
35 Katherine Dittmann	Washington S	36:33.54
36 Jocelyn Todd	Utah	36:34.12
37 Andrea Hughes	San Diego	37:23.07
38 Cali Antolini	Western Stat	37:41.69

**Women 3000 Meter Steeplechase Open C/O**

Name	Team	Finals
<b>Section 1</b>		
1 Claire Borchers	Michigan	10:22.58
2 Megan West	South Dakota	10:25.78
3 Dani Eggleston	Central Wash	10:27.63
4 Lauren Shubin	BYU	10:27.80
5 Kristi Rush	BYU	10:28.75
6 Emily Scharmann	UCLA	10:29.18
7 Hannah Olson	Minnesota-Du	10:29.88
8 Laura Yarrow	Colorado St.	10:32.09
9 Sanne Holland	Colorado St.	10:32.46
10 Katie Fry	UC Davis	10:33.62
11 Tori Parkinson	Utah State	10:33.81
12 Katelyn Hayward	UT-Arlington	10:39.44
13 Colleen Weatherford	Butler	10:40.52
14 Taylor Janssen	North Dakota	10:43.57
15 Jordan Chester	Grand Valley	10:45.90
16 Shaina Corbin	Arizona Stat	10:46.09
17 Janelle Lincks	Colorado St.	10:55.64
18 Shanoah Souza	SMU	10:57.96
19 Katie Deimling	Cal Baptist	10:58.18
20 Laura Riches	Butler	11:27.66
<b>Section 2</b>		
1 Breanna Colbenson	Minnesota-Du	10:23.32

## 58th ANNUAL MT. SAC RELAYS

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## Results - Thursday Track

## Section 2 ... (Women 3000 Meter Steeplechase Open C/O)

Name	Team	Finals
2 Grayson Murphy	Santa Clara	10:24.03
3 Halie Mechels	South Dakota	10:25.39
4 Rachel King	South Dakota	10:25.75
5 Emma Gee	BYU	10:40.82
6 Lyndee Dawson	Biola	10:41.11
7 Kristen Bonsor	Lewis	10:41.36
8 Devon Bortfeld	Washington S	10:42.71
9 Jenna Tong	USC	10:44.58
10 Kate Bucknam	Lipscomb	10:50.13
11 Ana Moreno	Sam Houston	11:00.23
12 Katerina Berdousi	USC	11:07.37
13 Kirsten Anderson	South Dakota	11:18.91
14 Stephanie Croy	Biola	11:24.61

## Women 10000 Meter Run INV Elite

Name	Team	Finals
1 Becky Wade	Asics	32:49.24
2 Mary Davies	Brooks	32:49.76
3 Kathya Mirelle Garcia Barrios	Mexico-FMAA	33:40.99
4 Emma Huston	Drake	33:55.89
5 Hannah Wittman	Belmont	33:59.63
6 Mel Townsend	Northern Ari	34:00.24
7 Kelsey Bruce	Unattached	34:00.83
8 Georgia Porter	Western Stat	34:01.62
9 Cali Roper	Rice	34:05.21
10 Kaitlyn Fischer	Missouri	34:10.30
11 Sarah Rapp	Team Green	34:17.08
12 Hannah Christen	North Caroli	34:23.40
13 Jamie Kempfer	Missouri	34:24.23
14 Addi Zerrenner	Arizona	34:33.02
15 Kelsey Hildreth	Northern Ill	34:47.75
16 Oona Kettunen	FINLAND	34:50.13
17 Yesenia Silva	BYU	34:50.62
18 Leah Seivert	Augustana Univer	34:50.77
19 Natalie Connolly	BYU	34:50.94
20 Karina Lizett Garcia Barrios	Mexico-FMAA	35:05.23
21 Brittney Feivor	Marquette	35:35.66
22 Kelsey Barrett	South Dakota	35:51.32
23 Eden Meyer	North Florid	36:39.26
--- Lindsey Scherf	Wolfpack Run	DNF

## Men 10000 Meter Run Open A C/O

Name	Team	Finals
Section 1		
1 James Ngandu	Tiffin	29:29.64
2 Steven Martinez	Chico State	30:00.45
3 Sumner Goodwin	Gonzaga	30:07.63
4 Jon Phillips	Michigan	30:17.03
5 Cody Drisko	Azusa Pacifi	30:19.23
6 Osmar Pacheco S.	Mexico-FMAA	30:21.18
7 Keegan Symmes	Portland	30:21.37
8 Ben Forsee	Portland	30:22.30

9 Nicholas Guerra	Stephen F. A	30:23.24
10 Jackson Bright	UC Santa Bar	30:25.30
11 Hesiquio Flores R.	Mexico-FMAA	30:25.47
12 Trevor Capra	Unattached	30:30.27
13 Akiharu Kitagawa	Mount Olive	30:30.93
14 Jacob Campbell	Idaho State	30:34.21
15 Dan Lathrop	Illinois	30:34.84
16 Dillon Quintana	Gonzaga	30:35.54
17 Matt Lumbar	Butler	30:36.47
18 Lance Capel	Loyola Marym	30:37.58
19 Fabian Lutz	Texas A&M-CC	30:37.66
20 Logan Petty	Utah Valley	30:42.40
21 Max Kaderabek	Gonzaga	30:43.61
22 Edward Chance	St. Mary's (	30:48.27
23 Carlos Guijarro	UC Santa Bar	30:56.82
24 Matt Walker	Central Conn	30:58.53
25 Jose Pina	San Jose St.	31:03.71
26 Drew Cargill	Southwest Ba	31:11.31
27 Dakota Dubbs	IUPUI	31:20.69
28 Chris Jessop	University of Ma	31:30.37
29 Josh Spooner	St. Mary's (	31:39.09
--- Jeremy Porter	Azusa Pacifi	DNF
--- Damon Pruet	IUPUI	DNF

## Men 10000 Meter Run Open B C/O

Name	Team	Finals
Section 1		
1 Ibrahim Ahmed	Southern Uta	29:52.66
2 Nicolas Montanez	BYU	29:56.45
3 Danny Martinez	Portland	30:02.22
4 Noah Lutz	Southern Ind	30:10.05
5 Enrique Soto	McNeese Stat	30:10.43
6 Justin Weinmeister	Colorado St.	30:16.72
7 Reuben Kiprono	Portland	30:21.13
8 Ben Schneiderman	Colorado Min	30:31.55
9 Isaac Lalang	Arkansas-Lit	30:40.02
10 Ryan Creech	Lamar	30:50.40
11 Jason Kearns	Weber State	30:52.81
12 Dallin Webb	Idaho State	30:56.69
13 Albert Maeder	Central Arka	30:59.74
14 Daniel Vavrik	Colorado Mes	30:59.93
15 Nathan Jones	McNeese Stat	31:06.28
16 Grant Lapovich	Loyola Marym	31:16.22
17 Austin Bogina	Pittsburg St	31:18.02
18 Connor Branick	South Dakota	31:18.86
19 Isaac Kitzan	Eastern Wash	31:21.80
20 Harvey Nelson	Northern Ari	31:22.38
21 Nicholas Spector	West Valley	31:25.79
22 Brad Hort	North Florid	31:27.39
23 Arturo Arevalo	Chico State	31:42.05
24 James Pedrotti	San Diego	31:43.46
25 JD Kieffer	Pomona-Pitze	31:49.02
26 Mike Landy	Screaming Ea	31:57.40
27 Vince Paikowski	Wis.-Milwauk	32:02.04
28 Silvester Harrison	North Texas	32:02.46

## 58th ANNUAL MT. SAC RELAYS

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## Results - Thursday Track

## Section 1 ... (Men 10000 Meter Run Open B C/O)

Name	Team	Finals
29 Jon Klaiber	Marquette	32:06.85
30 Michael Nelson	Colorado Mes	32:14.18
31 Quentin Purtzer	San Francisc	32:22.69
--- Juan Pacheco	East Central	DNF
--- Corey Purcella	Pomona-Pitze	DNF

## Men 3000 Meter Steeplechase C C/O

Name	Team	Finals
<b>Section 1</b>		
1 Colin Stoeber	Texas A&M	9:16.72
2 Kyler Little	Washington S	9:23.67
3 Tucker Boyd	Idaho State	9:26.25
4 Aaron Brenton	Eastern Wash	9:27.55
5 Koby Pederson	Loyola Marym	9:30.42
6 Bryan Tellez-Tolentino	Mt. SAC	9:30.59
7 Jake Finney	Washington S	9:34.97
8 Skylar Riggs	Southern Uta	9:35.15
9 Camron Roehl	North Dakota	9:39.87
10 Hector Peralta	Mt. SAC	9:45.11
11 Cristobal Gutierrez	Tiffin	9:47.62
12 Carlos Barrios	Mt. SAC	9:55.21
13 Nick Medina	Mt. SAC	9:56.93
14 Jose Lopez	Mt. SAC	10:18.67
--- Geoffrey Kipchumba	West Texas A	DNF
--- Even Negash	Cal St. Los	DQ

## Section 2

1 Nathan Stark	Idaho	9:05.58
2 Ryan Teel	Texas A&M	9:08.21
3 Drew Mueller	Arkansas State	9:09.19
4 Geoffry Cheruiyot	Mid. Tenn. S	9:09.80
5 Ryan Haebe	Western Stat	9:10.97
6 Andrew Wise	Western Wash	9:11.08
7 JP Nelson	Arizona Stat	9:12.30
8 Tim Reed	Cal St. Full	9:15.36
9 Kameron Casey	Indianapolis	9:16.77
10 Nathan Wadhvani	Washington S	9:20.68
11 Sean Bapty	Air Force	9:21.76
12 Noah McDermott	St. Mary's (	9:22.55
13 Max Davis	UCLA	9:24.00
14 Chase Wheeler	Humboldt Sta	9:24.35
15 Michael Sciarra	The Masters	9:25.30
16 William Hennessy	Marquette	9:25.94
17 Thomas Teachen	UMass Lowell	9:30.32
18 Zach Holloway	Western Oreg	9:30.64
--- Austin Pasch	Minnesota St	DNF

## Section 3

1 Nolan Dickson	UCLA	8:57.66
2 James Quattlebaum	Clemson	8:58.30
3 Wil Norris	Arkansas State	8:59.42
4 Matthew Lutz	Western Wash	8:59.97
5 Tyler James	Idaho State	9:00.69
6 Elliott Farris	Texas A&M	9:02.71

7 Shadrack Matelong	Mid. Tenn. S	9:03.49
8 Scott Dahlberg	Brooks I.D.	9:04.27
9 Declan McManus	Belmont	9:04.37
10 Brady Beagley	Steeple Duck	9:07.92
11 Brant Gilbertson	North Dakota	9:11.47
12 Joel Keller	Indianapolis	9:11.67
13 Evan Arambula	Sam Houston	9:15.22
14 Dustyn Salomon	Humboldt Sta	9:16.76
15 Andrew Milliron	Air Force	9:18.16
16 Isaac Allen	South Dakota	9:22.29
17 Michael Duncan	Loyola Marym	9:24.69
18 Casey Adams	Gonzaga	9:25.92

## Men 10000 Meter Run INV Elite

Name	Team	Finals
<b>Section 1</b>		
1 Miguel Amador Montilla	Equipo Porve	28:33.58
2 Robert Cheseret	Unattached	28:33.84
3 Shaun Thompson	Duke	28:47.48
4 Mario Pacay	Guatemala	28:53.43
5 Amon Terer	Campbell	28:54.42
6 Chris Kwiatkowski	District Tra	28:56.91
7 Reed Fischer	Drake	29:09.86
8 Ben Flanagan	Michigan	29:13.72
9 Jesus Arturo Esparza Perez	Mexico-FMAA	29:17.06
10 Matt McClintock	Purdue	29:18.79
11 Matthew Baxter	Northern Ari	29:19.45
12 Vincent Kiprop	Missouri Sou	29:20.45
13 Barry Britt	Speed River	29:21.99
14 Sergey Sushchickh	UCLA	29:30.36
15 Hlynur Andresson	Eastern Mich	29:36.71
16 Tom Anderson	Unattached	29:37.94
17 Kevin Dooney	Yale	29:39.06
18 Grant Fischer	Colorado St.	29:44.74
19 Jason Lynch	Utah Valley	29:51.78
20 Bobby Johnson	Butler	30:00.76
21 Myles Smith	UCLA	30:02.09
22 Chris Enriquez	Portland	30:08.67
23 Sergio Pedraza	Mexico-FMAA	30:10.73
24 Gabriel Steffenson	Lamar	30:18.46
25 Tate Schienbein	Purdue	30:22.76
26 Griffin Jaworski	Drake	30:38.79
27 Ben Branagh	San Jose St.	30:48.63
28 Joey Bender	Metro State	31:50.58
--- Augustus Maiyo	US Army	DNF
--- Daniel Gonias	Unattached	DNF
--- Evan Esselink	Speed River	DNF
--- Yerson Orellana Porras	FEDERACIÓN P	DNF
--- Michel Ramirez	Alaska Ancho	DNF

## Section 2

1 Kevin Tree	Lakehead Uni	29:20.49
2 Ryan Roush	Malone	29:25.69
3 Gregory Leak	Tacoma City	29:27.46
4 Cole Decker	Central Coll	29:31.08
5 Gabe Arias-Sheridan	St. Mary's (	29:33.15

**58th ANNUAL MT. SAC RELAYS****"Where the world's best athletes compete"****Cerritos College Falcon Stadium-Norwalk, CA - 4/14/2016 to 4/16/2016****Results - Thursday Track****Section 2 ... (Men 10000 Meter Run INV Elite)**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
6	Colby Mehmen	Stephen F. A	29:34.95
7	Josh Guy	Southern Ind	29:35.88
8	Alex Cushman	Indianapolis	29:36.61
9	Nicholas Posada	Michigan	29:37.01
10	Dan Mahoney	Colorado Min	29:37.06
11	John Patterson	Western Stat	29:37.28
12	Sid Vaughn	Georgia	29:40.64
13	Ollie Lockley	Missouri	29:41.88
14	Mubarik Musa	South Dakota	29:42.32
15	Chris May	Grand Valley	29:44.05
16	Gabriel Haughey	Portland	29:45.38
17	Matthew Crichlow	Gonzaga	29:45.54
18	Francisco Gomez	Cal Poly Pom	29:48.85
19	Michael Guerrero	UT-Arlington	29:52.45
20	Amos Cheruiyot	Mid. Tenn. S	29:53.84
21	Brandon Vientos	Loyola Marym	29:55.37
22	Christian Farris	Texas A&M	29:58.70
23	Kyle Flores	Grand Valley	30:03.05
24	Dan Roe	Missouri	30:04.14
25	Richard Ho	UCLA	30:20.88
26	Chad Palmer	Adams State	30:26.90
27	Jack Pearce	Gonzaga	30:30.17
28	Mike Lowe	North Texas	30:33.63
29	Victor Samoei	Alaska Ancho	30:34.11
30	Jack Espeset	Adams State	30:55.82
31	Amar Dholakia	UC Davis	31:19.19
32	Matt Hensley	Unattached	31:21.36
33	Jack Evans	Soka	31:26.22
34	Roosevelt Cook	Unattached	31:38.80
35	Cody Christ	MSU-Moorhead	31:44.66

**58th ANNUAL MT. SAC RELAYS****"Where the world's best athletes compete"****Cerritos College Falcon Stadium-Norwalk, CA - 4/14/2016 to 4/16/2016****Results - Hammer @ Mt SAC****Women Hammer Throw INV C/O**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	Amber Campbell	Nike	73.61m
2	Gwendolyn Berry	NYAC	72.65m
3	Jeneva Stevens	NYAC	68.29m
4	Jessica Ramsey	Unattached	67.48m
5	Laura Igaune	Unattached	65.22m
6	Brooke Pleger	ENELL	65.15m
7	Nikola Lomnicka	Unattached	64.39m
8	Lauren Stuart	Unattached	63.75m
9	Brooke Andersen	Unattached	63.38m
10	Caressa Sims	Unattached	59.81m
11	Casey Kraychir	Unattached	59.31m

**Women Hammer Throw Open C/O**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	Jade Grace	Unattached	61.59m
2	Vesta Bell	UC Riverside	59.75m
3	Erika Peyton	USC	56.77m
4	Jessica Flores	Cal St. Full	56.72m
5	Jessica Weise	Northern Ari	56.27m
6	Danica Dobosy	Azusa Pacifi	55.38m
7	Katie Wardsworth	Washington S	55.22m
8	Cortney Miller	UNLV	54.33m
9	Tiana Hatler-Stefick	Northern Ari	53.62m
10	Kaytlyn Coleman	Eastern Wash	53.28m
11	Mikaila Martin	Houston	52.31m
12	Michaela Mundt	UC Davis	52.09m
13	Amber Panapa	Azusa Pacifi	51.73m
14	Cristina Santiago	UT-Rio Grand	51.34m
15	Amaris Blount	New Mexico	50.45m
16	Ambria Tisdell	UT-Arlington	49.33m
17	Shaneen Casada	UC Riverside	49.06m
18	Miriam Pierre	FIU	48.43m
19	Chandra Fulwood	FIU	44.72m

**Men Hammer Throw INV C/O**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	Marcel Lomnicky	Slovakia	76.95m
2	Libor Charfreitag	Unattached	72.11m
3	Diego A. Del Real	Mexico-FMAA	71.68m
4	Roberto Sawyers	Costa Rica	70.24m
5	Conor McCullough	Unattached	69.09m
6	Michael Lihman	Unattached	68.76m
7	Colin Dunbar	Unattached	68.70m
8	Adam Keenan	Northern Ari	68.29m
9	Charlie Ionata	Wake Forest	59.34m
10	Travis Pickett	Washington S	56.65m
11	Kyle Davis	Unattached	54.33m

**Men Hammer Throw Open C/O**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	Silviu Bocancea	UC Riverside	58.67m
2	Nathan Bultman	USC	58.32m
3	Javier Carretero	UT-Rio Grand	57.93m
4	Carl Nahigian	UC Riverside	57.92m
5	Austin Turner	Azusa Pacifi	56.63m
6	Steven Parsons	Cal St. Full	56.61m
7	Miles Gastil	Azusa Pacifi	55.48m
8	David Sellens	USC	54.90m
9	Trevor Gorwin	Cal St. Full	54.13m
10	Matthew Bender	UC Davis	52.46m
11	Michael Jackson	Cal St. Full	51.52m
12	Damon Thompson	Houston	51.45m
13	Peter Behncke	Simon Fraser	50.50m
14	Armando Tafoya	Central Wash	48.68m
15	Talaiasi Taueli	Azusa Pacifi	48.53m
16	Emmanuel Martinez	Cal St. Full	45.28m

**Men Hammer Throw Open Masters**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	John Goldhammer	Masters HT	57.03m