

52nd Annual Mt. SAC Relays - 4/15/2010 to 4/17/2010**"Where the world's best athletes compete"****Hilmer Lodge Stadium, Walnut, California****Results - Thursday Running Events****Event 101 Women 3000 Meter Steeplechase Open**

World Record: 9:01.59 ! 2003 Gulnara Samitova
Meet Record: 9:50.16 \$ 2004 Carrie Messner
American: 9:12.50 @ 2009 Jenny Barringer

Name	Team	Finals
Finals		
1 Courtney Olsen	West.	10:42.55
2 Marie Patton	Colorado Min	10:42.87
3 Nicole Davis	S.D. State	10:50.01
4 Yolanda Ugalde	Mexico	10:53.31
5 Andrea Jacobs	UC Santa Barbaral	0:54.47
6 Halsey Fowler	Rice	10:56.11
7 Mallory Celaya	Mt. SAC	10:57.81
8 Denali Foldager	CSU-Stanislaus	11:03.25
9 Sara Graney	Providence	11:03.97
10 Amy Jo Reuter	North Dakota	11:04.35
11 Amanda Dettman	MSU-Mankato	11:06.05
12 Whitney Patton	Unattached	11:08.32
13 Evonne Marroquin	Guatemala	11:22.17
14 Kelly Crowley	Grand Valley	11:25.11
15 Michelle Callister	BYU	11:32.05
16 Carol Miller	South Dakota	11:33.09
17 Jen Bremser	Air Force	11:35.76
18 Emma Bohman	Alaska	11:36.40
19 Courtney Nelson	UTSA	11:54.67
20 Rachel Keylon	Hawaii	12:02.61
--- Kristin Pelzel	Marquette	DNF

Event 102 Men 3000 Meter Steeplechase Open University/Open

World Record: 7:53.63 ! 2004 Saif Shaheen
Meet Record: 8:26.6h \$ 1993 Marc Davis
American: 8:08.82 @ 2006 Daniel Lincoln

Name	Team	Finals
Finals		
1 Ryan Haebe	Unattached	9:07.1h
2 Brian Gillis	Pomona-Pitzer	9:11.6h
3 Aric VanHalen	Colorado	9:12.7h
4 Steve Potratz	Idaho	9:20.8h
5 Steven DeCastro	Long Beach St	9:21.6h
6 Cameron Clayton	Colorado	9:24.9h
7 Dallas Eborn	So. Utah	9:26.0h
8 Brandon Chiuminetta	UTSA	9:27.3h
9 Alex Brekke	Idaho	9:29.3h
10 Erik Aardal	UC Santa Barbara	9:29.9h
11 Garrett Wilson	Unattached	9:30.7h
12 Ryan Del Grosso	Air Force	9:38.9h
13 Will Marquardt	San Francisco	9:42.8h
14 Sean Fitzsimmons	South Dakota	9:44.8h
15 Jacob Ainsworth	Long Beach St	9:47.4h
16 Brennen Halliday	UC Irvine	9:48.1h
17 John Peate	Unattached	9:57.9h
18 Rory Mahony	UC Irvine	10:20.6h
--- Sergio Rodriguez	Cal Baptist	DNF
--- Andy Burich	UC Irvine	DNF

Event 103 Men 3000 Meter Steeplechase Open University/Open

World Record: 7:53.63 ! 2004 Saif Shaheen
Meet Record: 8:26.6h \$ 1993 Marc Davis
American: 8:08.82 @ 2006 Daniel Lincoln

Name	Team	Finals
Finals		
1 Trac Norris	Utah Valley	8:58.71
2 Glen Watts	Western State	8:59.77
3 Peter Bolgert	Marquette	9:01.04
4 David Flynn	Western State	9:01.57
5 Tyler Rasmussen	Western State	9:01.81
6 Adam Saloom	Steph F. Austin	9:05.27
7 Leif Anderson	Cal Poly	9:05.37
8 Blake Johnson	Marquette	9:08.63
9 Anders Crabo	Pomona-Pitzer	9:09.03
10 Dan Liechty	Runners Roost	9:11.79
11 Taylor Monaghan	Oklahoma State	9:13.76
12 Nathan Huerta	Cal Poly	9:15.72
13 Zach Nordahl	Air Force	9:17.70
14 Alex Green	Cornerstone	9:17.84
15 Kevin Sandall	So. Utah	9:18.49
16 Tyler Curtis	Colorado Min	9:22.75
17 Aaron Denner	Grand Valley	9:25.57
18 Jordan Fairley	Chico State	9:28.78
--- Mike Power	ICR	DNF

Event 104 Women 10000 Meter Run Open University/Open

World Record: 29:31.78 ! 1993 Junxia Wang
Meet Record: 31:23.35 \$ 2004 Sabrina Mockenhaupt
American: 30:22.22 @ 2008 Shalane Flanagan

Name	Team	Finals
Finals		
1 Kortnee Burton	No. Arizona	35:18.67
2 Ashley Quintana	Adams State	35:41.90
3 Jackie Henderson	So. Indiana	35:51.56
4 Ingrid Flores	N.M. State	35:53.77
5 Julie Shaw	Chico State	35:56.84
6 Lauren Breihof	West.	36:02.54
7 Sarah Kulczycki	Boulder Runn	36:07.30
8 Chelsea VanDeBrake	Wash. State	36:10.24
9 Sarah Heuer	Colorado St.	36:10.83
10 Megan Petkovic	UC Santa Barbara	36:18.59
11 Shoshana Keegan	Alaska	36:19.49
12 Kelly Wilson	Minnesota	36:27.44
13 Shannon Rich	Chico State	36:28.41
14 Julia Veseth	Idaho	36:34.87
15 Sarah Whiteman	So. Indiana	36:35.21
16 Maike Holthuijzen	Idaho	36:37.21
17 Adrienne Curtis	So. Indiana	36:40.41
18 Sara Parks	Grand Valley	36:42.46
19 Heather Bullin	Texas State	36:43.77
20 Katelan Dyson	Minnesota	36:48.11
21 Monika Korra	SMU	36:50.34
22 Abbie Zaspel	Wis-Milwaukee	36:53.70

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Results - Thursday Running Events

Finals ... (Event 104 Women 10000 Meter Run Open University)

Name	Team	Finals
23 Alma Escobar	SDSU	36:58.43
24 Jana Stokes	Unattached	37:00.83
25 Heidi Ertl	Wis-Parkside	37:06.65
26 Dina Kitayama	USC	37:22.76
27 Loren Wynn	BYU	37:31.60
28 Ashlee Wall	Wash. State	37:33.17
29 Jacquie Lutz	Cal Baptist	37:35.83
30 Zara Lukens	USC	37:48.44
31 Rose Haag	Pomona-Pitzer	37:49.44
32 Taryn Pastoor	UCLA	37:52.58
33 Kathryn Vidmar	BYU	38:02.92
34 Samantha Espindola	San Diego	38:06.84
35 Jessica Forrester	Hawaii	38:11.02
36 Sigornie Pfefferle	South Dakota	38:27.03
37 Andrea Aguilar	CSU-Fullerton	38:33.27
38 Camila Alvarez	UC Riverside	38:38.82
39 Taylor Doll	Friends	38:53.56
40 Zoe Meyers	Pomona-Pitzer	39:02.97
41 Karissa Cominator	Friends	39:04.53
42 Tava Tedesco	Hawaii	39:15.81
43 Abby Duling	South Dakota	39:37.69
44 Ali Gress	South Dakota	40:56.54
45 Lindsay Dunham	Friends	41:08.47
--- Danielle Hunt	Unattached	DNF
--- Ana Mendoza	Cal Baptist	DNF

Event 105 Men 10000 Meter Run Open University/Open

World Record: 26:17.53 ! 2005 Kenenisa Bekele
Meet Record: 27:36.2h \$ 1982 Gabriel Kamau
American: 27:13.98 @ 2001 Meb Keflezighi

Name	Team	Finals
Finals		
1 Chris Reed	West. Oregon	29:52.39
2 Jonathan Rock	Air Force	29:53.74
3 Giovanni Gonzalez	Mexico	30:00.65
4 Michael Krsnak	S.D. State	30:02.47
5 Brennan Benkert	Missouri Souther	30:03.51
6 Bennett Grimes	West.	30:05.10
7 Steve Genter	Saginaw Valley	30:06.82
8 Ben Orvold	Wis-Parkside	30:11.88
9 Matt Ditzler	Friends	30:12.11
10 Jacob Buhler	Utah Valley	30:13.98
11 Blake Medhaug	West.	30:14.91
12 Isaac Chavez	Unattached	30:19.29
13 Brett Richardson	Georgia	30:21.28
14 Nick Ekel	Saginaw Valley	30:25.01
15 Joey Kochlacs	Chico State	30:28.47
16 Aaron Sherf	Paradise Valley	30:31.09
17 Marco Venancio	adidas Movin	30:33.50
18 Ganbileg Bor	San Francisco	30:33.69
19 Andrew Sylvester	Humboldt State	30:42.27
20 Chris Burnett	Weber State	30:44.37
21 Jordan Anderson	Belmont	30:46.35

22 Nick Kelley	Long Beach St	30:51.23
23 Austin Huff	Humboldt State	30:55.32
24 Andrew Dixon	So. Indiana	30:57.08
25 Cortland Seaver	Saginaw Valley	30:58.14
26 Levi Grandt	Richmond	31:10.22
27 Barrett Tilley	UC Irvine	31:18.42
28 Jim Stitt	UTSA	31:19.65
29 Ethan Marquardt	South Dakota	31:20.80
30 Robert Olivera	Brooks ID	31:21.21
31 Dan Neidlinger	Friends	31:23.79
32 Markus Geiger	Idaho	31:30.36
33 John O'Neill	Colorado St.	31:32.34
34 Charlie McDonald	Portland	31:34.14
35 Patrick Jenkins	West. Kentucky	31:48.27
36 Shane Geiger	Portland	31:52.07
37 Antonio Lopez	Adams State	32:09.62
38 Emilio Perez	Unattached	32:15.93
39 Scott Olberding	Portland	32:31.86
40 Ciprian Mejia	FIU	32:45.40
41 Mark Langworthy	Cal Baptist	32:50.21
42 Jun Reichl	UCLA	33:20.80
--- Seamus Nally	Team Strands	DNF
--- David Nilsson	Hogby IF	DNF
--- Patrick Mynes	Cal Baptist	DNF
--- Brendan Scanlon	Chico State	DNF
--- Alfred Kite	Northwood U.	DNF

Event 800 Men 3000 Meter Steeplechase Olympic Dev.

World Record: 7:53.63 ! 2004 Saif Shaheen
Meet Record: 8:26.6h \$ 1993 Marc Davis
American: 8:08.82 @ 2006 Daniel Lincoln

Name	Team	Finals
Finals		
1 Rob Mullett	Butler	8:48.14
2 Micah Chelimo	Alaska	8:49.31
3 Brett Hales	Weber State	8:49.67
4 Matt Cleaver	Georgia	8:50.02
5 Josafat Gonzalez	Mexico	8:52.06
6 John Ricardi	Idaho State	8:52.80
7 Ryan Brockerville	Simon Fraser	8:56.55
8 Sawyer Bosch	Boise State	8:58.76
9 Matt Adams	Montana State	9:01.44
10 Matt Johnsen	Lamar	9:03.73
11 Jason Rengo	Unattached	9:04.13
12 Spenser Lynass	Colorado St.	9:04.56
13 Jace Nye	Weber State	9:07.02
14 Regan Frey	BYU	9:07.03
15 Jared Bassett	Portland	9:08.54
16 Tim Guerin	UMass Lowell	9:09.90
17 Jeff Nordquist	Grand Valley	9:10.83
18 Alex Willis	New Mexico	9:13.84
19 Josh Adams	BYU	9:16.07
20 Jake Keyser	Colorado St.	9:16.94

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Hilmer Lodge Stadium, Walnut, California

Results - Thursday Running Events

Event 801 Women 3000 Meter Steeplechase Olympic Dev.**World Record: 9:01.59 ! 2003 Gulnara Samitova****Meet Record: 9:39.94 \$ 2007 Korene Hinds****American: 9:12.50 @ 2009 Jenny Barringer**

Name	Team	Finals
Finals		
1 Bevin Kennelly	BX 2.0	10:26.70
2 Hillory Davis	Western State	10:26.90
3 Alicia Nelson	Adams State	10:26.98
4 Katie Voigtlander	UC Santa Barbara	10:29.75
5 Klara Bodinson	SMU	10:31.32
6 Kendra Woodson	Oklahoma State	10:33.17
7 Cassie Mitchell	Adams State	10:33.57
8 Sarah Lyle	Western State	10:35.62
9 Karie McDonald	Grand Valley	10:36.22
10 Cali George	Arkansas	10:43.25
11 Sarah Muniz	UNLV	10:43.42
12 Evelyn Ross	Unattached	10:43.65
13 Rebecca Winchester	Grand Valley	10:44.97
14 Nicole Bowler	Unattached	10:45.78
15 Hallidie Wilt	Alaska	10:48.90
16 Erika Mendez	PR National	10:50.05
17 Nicole Peters	Colorado St.	10:50.98
18 Janette Cary	Adams State	10:52.01
19 Karen Greuel	Wisconsin	10:57.89
20 Karlye Wolff	Wisconsin	10:59.05
21 Chloe Susset	Abilene Chri	11:06.49
22 Dana Guglielmo	Richmond	11:12.19
23 Shannon McVannel	Unattached	11:13.78
--- Jena Winger	Run Portland	DNF
--- Marissa Treece	Notre Dame	DNF

Event 802 Women 10000 Meter Run Olympic Dev.**World Record: 29:31.78 ! 1993 Junxia Wang****Meet Record: 31:23.35 \$ 2004 Sabrina Mockenhaupt****American: 30:22.22 @ 2008 Shalane Flanagan**

Name	Team	Finals
Finals		
1 Karina Pérez	Mexico	33:30.84
2 Sarah Porter	West.	34:30.21
3 Violeta Rene	Mexico	34:39.01
4 Mary Nothum	Utah Valley	34:40.21
5 Kimi Shank	Missouri Souther	34:56.57
6 Ellie Rastall	Colorado St.	35:03.50
7 Lauren Kleppin	Western State	35:07.42
8 Laura Carr	Alaska	35:08.51
9 Ruth Keino	Alaska	35:09.26
10 Alicia Freese	Pomona-Pitzer	35:13.41
11 Ramsey Fitzsimmons	South Dakota	35:20.69
12 Candice Chavez	ICR	35:22.58
13 Kendra Gerk	Colorado St.	35:24.47
14 Marie Thompson	Rice	35:25.10
15 Meghan Mason	Minnesota	35:25.58
16 Sandra Martinez	Oregon State	35:27.82

17 Kayla Brown	SIU-Edwardsville	35:42.55
18 Jenni Johnson	Unattached	35:46.36
19 Laura Brustolon	So. Conn. St	35:47.90
20 Lauren Smith	Arizona	35:53.31
21 Sydney Laws	Colorado Min	35:56.88
22 Lisa Lewis	Unattached	35:57.58
23 Megan Jenkins	Steph F. Austin	35:59.56
24 Amy Shackelford	Steph F. Austin	36:04.12
25 Elise Sigg	Wis-Milwaukee	36:07.70
26 Hannah Soza-Hodgkinson	Oregon State	36:13.50
27 Yomaira Hernandez	CSU-Fullerton	36:17.18
28 Sarah Frey	East. Washington	36:41.01
29 Millie Rapp	BYU	36:42.94
--- Marion Kandie	West. Kentucky	DNF
--- Nicole Mericle	UNAT-Rice	DNF
--- Liza Hitchner	UC Santa Barbara	DNF

Event 803 Men 10000 Meter Run Olympic Dev.**World Record: 26:17.53 ! 2005 Kenenisa Bekele****Meet Record: 27:36.2h \$ 1982 Gabriel Kamau****American: 27:13.98 @ 2001 Meb Keflezighi**

Name	Team	Finals
Finals		
1 Luis Collazo	PR National	28:51.01
2 Israel Erick Pérez	Mexico	28:51.57
3 Deus Rwaherus	West. Kentucky	29:13.75
4 Kevin Pool	Unattached	29:36.87
5 Jimmy Elam	Chico State	29:38.21
6 Edwin Cruz	Adams State	29:41.22
7 Abendego Magut	Azusa Pacifi	29:43.49
8 Paul Limpf	East. Washington	29:44.08
9 Jordan Welling	West.	29:45.92
10 Bejan Abtahi	Georgia	29:47.04
11 Pieter Gagnon	Minnesota	29:47.21
12 Patrick Cheptoek	West. Kentucky	29:48.75
13 Dustin Emerick	So. Indiana	29:49.16
14 Cesar Lam	PR National	29:49.41
15 Philip Biwott	Harding	29:54.02
16 Art Siemers	Boulder Runn	29:54.48
17 Tommy Betterbed	Portland	29:54.90
18 Anthony Solis	Unattached	29:57.06
19 Andrew Belus	No. Arizona	29:58.31
20 Sean Brown	Western State	29:59.04
21 Denides Velez	PR National	30:04.60
22 Anthony Witt	Grand Valley	30:07.25
23 Tom Webb	Providence	30:09.46
24 Mitch Ownbey	Steph F. Austin	30:11.75
25 Mark Moeller	Wash. State	30:18.06
26 Aaron Swift	Colorado Min	30:18.66
27 Waleed Totari	UC Santa Barbara	30:26.81
28 Brent Handa	Chico State	30:28.27
29 Nathan Knisely	Grand Valley	30:28.73
30 Tim Freriks	No. Arizona	30:30.99
31 Julian Meyer	Ohio State	30:32.06
32 Daniel Tapia	Unattached	30:34.15

52nd Annual Mt. SAC Relays - 4/15/2010 to 4/17/2010**"Where the world's best athletes compete"****Hilmer Lodge Stadium, Walnut, California****Results - Thursday Running Events****Finals ... (Event 803 Men 10000 Meter Run Olympic Dev. Univ)**

Name	Team	Finals
33 Ross Faasse	Grand Valley	30:35.54
34 Dennis Yeats	Steph F. Austin	30:39.13
35 Cordell Baker	Western State	30:39.86
36 Jose Melena	UC Riverside	30:43.87
37 Brendan Devine	So. Indiana	31:29.44

Event 900 Women 3000 Meter Steeplechase Invitational**World Record: 9:01.59 ! 2003 Gulnara Samitova****Meet Record: 9:39.94 \$ 2007 Korene Hinds****American: 9:28.75 @ 2007 Lisa Galaviz**

Name	Team	Finals
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Finals

1 Emma Coburn	Colorado	9:56.29
2 Lennie Waite	UNAT-Rice	9:56.73
3 Kristen Hemphill	Colorado St.	10:02.59
4 Yoshika Arai	Japan	10:07.25
5 Fiona Crombie	Unattached	10:15.80
6 Lois Ricardi Keller	Unattached	10:16.50
7 Juliane Masciana	Unattached	10:18.97
8 Allix Lee-Painter	Idaho	10:19.15
9 Stephanie Perleberg	Wis-La Crosse	10:21.87
10 Meredith Macgregor	Valley Royals	10:23.43
11 Jayne Grebinski	Marquette	10:23.86
12 Kauren Tarver	Arizona State	10:26.61
13 Katy Andrews	BYU	10:27.00
14 Megan Rolland	Humboldt State	10:30.84
15 Mary Ballinger	So. Indiana	10:34.23
16 Nell Rojas	No. Arizona	10:34.64
17 Cherise McNair	Arizona State	10:35.97
18 Rachel Lange	BYU	11:01.56
--- Katie Palmer-Cox	BYU	DNF
--- Dallon Williams	Unattached	DNF

Event 901 Men 3000 Meter Steeplechase Invitational**World Record: 7:53.63 ! 2004 Saif Shaheen****Meet Record: 8:26.6h \$ 1993 Marc Davis****American: 8:08.82 @ 2006 Daniel Lincoln**

Name	Team	Finals
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Finals

1 Hillary Bor	Iowa State	8:38.05
2 Reuben Mwei	Adams State	8:39.92
3 Jonathan Pierce	ASICS	8:41.91
4 Richard Nelson	BYU	8:43.27
5 Stephen Lisgo	Butler	8:46.35
6 Loren Ahonen	Western State	8:49.69
7 Steve Strickland	Utah State	8:51.34
8 Billy Nelson	Nike Oregon	8:52.88
9 Tyler Emmorey	Grand Valley	8:56.62
10 Travis McKay	Edmonton Thu	8:56.68
11 Zach Ripley	Cornerstone	8:58.84
12 Ryan Merriman	BYU	8:59.17
13 Michael Nicks	Run Portland	9:01.37
14 Christian Thompson	Colorado	9:03.04

15 Luis Ibarra	Nike Run LA	9:03.83
16 John Coyle	Weber State	9:09.43
17 Scott Dahlberg	Boulder Runn	9:20.84

Event 902 Women 10000 Meter Run Invitational**World Record: 29:31.78 ! 1993****Junxia Wang****Meet Record: 31:23.35 \$ 2004****Sabrina Mockenhaupt****American: 30:52.32 @ 2002****Deena Drossin**

Name	Team	Finals
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Finals

1 Sarah Cummings	Princeton	33:55.91
2 Katie DiCamillo	Providence	33:57.10
3 Amy Laskowske	Minnesota	33:59.70
4 Nicole Feest	Boulder Runn	34:17.26
5 Felicity Milton	Oklahoma State	34:17.71
6 Bridget Lyons	Georgia	34:34.76
7 Sarah Callister	Weber State	34:37.33
8 Michelle Corrigan	New Mexico	34:38.16
9 Ali Kieltly	Arizona State	34:40.59
10 Mallory Van Ness	Minnesota	34:57.93
11 Miranda Walker	Arkansas	34:58.50
12 Cassandra Salazar	Loyola	34:59.56
13 Sarah Foster	Ohio State	35:21.17
14 Bailey Kuestermeyer	UNLV	35:29.57
15 Hillary Kigar	San Francisco	35:38.90
16 Dana Morgan	Portland	35:48.89
17 Lyndy Davis	Portland	36:01.66
18 Ellen Birmingham	Ohio State	36:19.58
19 Zenaida Maldonado	PR National	36:35.04
--- Kayley Byrne	William and	DNF
--- Heather Zytkevicz	San Francisco	DNF
--- Cecily Lemmon-Lew	UNAT-BYU	DNF

Event 903 Men 10000 Meter Run Invitational University/Open**World Record: 26:17.53 ! 2005****Kenenisa Bekele****Meet Record: 27:36.2h \$ 1982****Gabriel Kamau****American: 27:13.98 @ 2001****Meb Keflezighi**

Name	Team	Finals
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Finals

1 Jon Grey	William and	28:40.33
2 Ahmed Osman	No. Arizona	28:52.57
3 Jake Riley	Stanford	28:54.69
4 Alfred Kipchumba	Portland	28:55.73
5 Brian Baker	ICR	28:56.07
6 Robert Cheseret	US Army	28:58.67
7 Nathan Ogden	BYU	29:12.41
8 Mark Fruin	Brooks Team	29:14.43
9 Micah Tirop	So. Alabama	29:18.86
10 Daniel Kirwa	Harding	29:24.09
11 Kiel Uhl	Iowa State	29:24.81
12 Matt Levassieur	Brooks	29:25.76
13 Aiman Scullion	Kent State	29:29.09
14 Dylan Wykes	Mizuno	29:29.59
15 Tristan Mannix	Screaming Eagle	29:29.60
16 Mohamed Mohamed	So. Illinois	29:31.62

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Name	Team	Finals
17 Mike Torchia	Minnesota	29:33.54
18 Robert Scribner	Unattached	29:39.30
19 Alex Hains	Unattached	29:48.45
20 Edwin Henshaw	Tulsa Alumni	29:53.82
21 Brandon Hebbert	BYU	29:57.34
22 Justin Roeder	Butler	29:58.37
23 Jake Walker	Notre Dame	30:05.68
24 Tim Quinn	Richmond	30:18.15
--- Stephen Haas	New Balance	DNF
--- Nate Jenkins	Saucony	DNF
--- Guor Marial	Iowa State	DNF