

2009 51st Annual Mt. SAC Relays - 4/16/2009 to 4/18/2009

"Where the World's Best Athletes Compete"

Hilmer Lodger Stadium-Walnut, CA

Results - 4/16/09 Track Events U/O

Event 101 Women 3000 Meter Steeplechase Univ/Open U/O

Name	Team	Finals
Finals		
1 Keehn, Aybuke	Concordia (Cal.)	10:39.93
2 Tandy, Tiffany	Nevada	10:43.65
3 Wendt, Erica	Idaho State	10:44.00
4 Bowler, Nicole	San Francisco	10:44.04
5 Rolland, Megan	Humboldt State	10:46.91
6 Sande, Breanna	Boise State	10:46.92
7 Clark, Molly	Augustana (S.D.)	10:49.72
8 Bruton, Kendall	UC Irvine	10:51.34
9 Hanifan, Jinny	Peninsula Distan	10:53.14
10 Lyle, Sarah	Western State	10:53.70
11 McVannel, Shannon	Chico State	10:56.18
12 Turner, Tiffany	CP Pomona	11:01.80
13 Palmer, Laura	Minn. St. Mankat	11:05.78
14 Martinez, Sadee	UCLA	11:05.85
15 Morris, Brienna	Cal Poly Slo	11:12.79
16 Dettman, Amanda	Minn. St. Mankat	11:13.53
17 Smith, Samantha	Minn. St. Mankat	11:21.26
18 Hernandez, Liliana	Cal State LA	11:21.55
19 Brieno, Jessica	Chico State	11:33.66
20 Lotnick, Samantha	Hawaii	12:19.78

Event 102 Women 3000 Meter Steeplechase OD U/O

Name	Team	Finals
Finals		
1 Ballinger, Mary	Southern Indiana	10:26.73
2 Lee-Painter, Allix	Unattached	10:30.92
3 Koenegstein, Juli	SE Missouri	10:34.98
4 Andrews, Amanda	Washington St.	10:35.28
5 Moen, Hannah	Arizona	10:35.64
6 Thomas, Lisa	Western State	10:36.33
7 Theisen, Katie	St. Thomas (Minn)	10:36.39
8 Masciana, Juliane	Csu Fullerton	10:39.18
9 Groenewoud, Chantelle	Illinois	10:44.58
10 Holtz, Kristina	Sacramento St.	10:45.81
11 Tarver, Kauren	Arizona State	10:45.94
12 Cary, Janette	Adams State	10:46.43
13 Hanenburg, Emily	Colorado	10:49.54
14 Olson, Cassie	Weber State	10:49.81
15 Dressler, Tara	Caltaf	11:10.14
--- Houlihan, Shayla	Unattached	DNF
--- Hjalmarsen, Tone	Oklahoma State	DNF

Event 103 Women 3000 Meter Steeplechase Inv U/O

Name	Team	Finals
Finals		
1 Anderson, Lindsey	Nike	9:46.56
2 Kimaiyo, Irene	Riadha	10:00.12
3 Waite, Lennie	Rice	10:00.30
4 Galaviz, Lisa	Unattached	10:06.08
5 Wagner, Angela	Unattached	10:06.28
6 Mericle, Nicole	Rice	10:07.13

7 Erdelyi, Zsofia	USC	10:08.34
8 Hayakari, Minori	Japan	10:10.18
9 Joy, Leonora	Unattached	10:10.84
10 Hyman, Mardrea	Unattached	10:11.87
11 June, Kara	Unattached	10:12.46
12 Ferguson, Lindsey	Notre Dame	10:15.23
13 Williams, Dallon	Csu San Marcos	10:15.61
14 Coburn, Emma	Colorado	10:16.54
15 Macgregor, Meredith	Valley Royals	10:17.26
16 Layne, Amy	BYU	10:20.28
17 Trane, Sara	Washington St.	10:21.20
18 Haws, Natalie	Weber State	10:22.69
19 Garrahan, Shauneen	Riadha	10:24.78
20 Jackson, Megan	Arkansas	10:27.49

Event 105 Men 3000 Meter Steeplechase Univ/Open U/O

Name	Team	Finals
Finals		
1 Hales, Brett	Weber State	9:04.50
2 Nordahl, Zach	Air Force	9:08.59
3 Willis, Alex	New Mexico	9:10.00
4 Ricks, Trevor	Weber State	9:13.23
5 Frey, Regan	BYU	9:13.35
6 Lewton, Forest	Azusa Pacific	9:13.50
7 Mason, Justin	Air Force	9:14.22
8 Romo, Jesus	San Francisco	9:14.64
9 Garcia, Jose	Chico State	9:21.11
10 Sorenson, Daniel	VS Athletics TC	9:21.30
11 Vollmer, Greg	South Dakota St.	9:22.67
12 Beniak, Travis	Augustana (S.D.)	9:23.80
13 Delmott, Skyler	Emporia St.	9:26.71
14 Crabo, Anders	Pomona-Pitzer	9:27.61
15 Potratz, Steve	Idaho	9:31.27
16 Ramos, Martin	Csu Stanislaus	9:46.26
17 Black, Daniel	Augustana (S.D.)	9:46.36
18 Thompson, Greg	UC Irvine	9:54.38
19 Brosseau, Jason	Southern Illinoi	9:57.81
20 Burich, Andy	UC Irvine	10:20.95

Event 106 Men 3000 Meter Steeplechase Inv U/O

Name	Team	Finals
Finals		
1 Thorne, Cory	Louisville	8:39.19
2 Bor, Hillary	Iowa State	8:43.27
3 Spence, Michael	Asics	8:43.55
4 Kloos, Thomas	adidas Transport	8:45.52
5 Hughes, Matt	Louisville	8:47.36
6 Nelson, Richard	BYU	8:52.98
7 Nye, Jace	Weber State	8:53.96
8 Olson, David	Weber State	8:54.14
9 Houck, Justin	Portland	8:54.28
10 Ahlbeck, Sam	Washington St.	8:54.76
11 Arias, Aaron	Rodolfo Gomez	9:02.59
12 Mahipala, Keith	Stephen F. Austi	9:03.28
13 Powers, Mike	VS Athletics TC	9:14.30

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Results - 4/16/09 Track Events U/O

Finals ... (Event 106 Men 3000 Meter Steeplechase Inv U/O)

Name	Team	Finals
14 Brill, Eric	Western	9:30.04
15 Ramirez, David	Mx International	9:47.33

Event 107 Men 3000 Meter Steeplechase OD U/O

Name	Team	Finals
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Finals

1 Ibarra, Luis	Nike Team Run	8:55.90
2 Ahonen, Loren	Western State	8:57.59
3 Weatherford, Andy	Unattached	9:00.98
4 Killian, John	Northern Arizona	9:01.78
5 Rogers, Beau	Chico State	9:02.81
6 Ricardi, John	Idaho State	9:03.87
7 Brockerville, Ryan	Simon Fraser	9:05.19
8 Dinnel, Kinsey	Louisiana Tech	9:05.79
9 Grose, Scott	Sacramento St.	9:06.18
10 Young, Robby	Boulder Running	9:06.48
11 Williams, Matt	Air Force	9:14.94
12 Gudmundsson, Stefan	Breidablik	9:19.86
13 Rasmussen, Tyler	Western State	9:20.85
14 Edwards, Dan	Colorado	9:23.81
15 Cusick, Sean	Colorado Mines	9:37.41
16 Aukshunas, Tim	Unattached	9:43.57

Event 108 Women 10000 Meter Run Inv U/O

Name	Team	Finals
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Finals

1 White, Catherine	Arkansas	33:37.83
2 Lemmon, Cecily	BYU	33:38.24
3 Jorgensen, Gwen	Wisconsin	33:38.38
4 Robinson, Wendi	Indiana	33:40.79
5 Laskowske, Amy	Minnesota	33:42.52
6 Wade, Becky	Rice	33:49.45
7 Ramos, Beverly	Kansas State	33:51.54
8 DiCamillo, Katie	Unattached	33:55.50
9 Cummings, Sarah	Princeton	34:06.71
10 Jesang, Janet	Western	34:08.18
11 Grinaker, Hanna	Wisconsin	34:09.04
12 Corrigan, Michelle	New Mexico	34:12.31
13 Kipwombok, Jackey	Azusa Pacific	34:26.78
14 Korb, Danielle	Boulder Running	34:27.81
15 Saylor, Lauren	Univ. of Washing	34:42.10
16 Bargiachi, Denise	Arkansas	34:49.56
17 Occhi, Amanda	Boulder Running	34:50.02
18 Mullenbach, Lavenna	Adams State	34:50.76
19 Wood, Heather	Adams State	34:54.36
20 Begay, Alvina	McMillanElite	34:55.45
21 Foster, Sarah	Ohio State	35:16.47
22 Wadeck, Vivien	Cal State LA	35:28.94
23 Walter, Rebecca	Unattached	35:37.40
24 Lyons, Bridget	Georgia	35:38.73
25 Spratford, Katie	Richmond	35:54.62
26 Lund, Megan	Boulder Running	36:14.69
27 Chounaird, Adrienne	Boulder Running	38:06.52

--- Plank, McKayla Georgia DNF

Event 109 Men 10000 Meter Run Inv U/O

Name	Team	Finals
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Finals

1 Trujillo, Carlos	Eugene Running	28:52.26
2 Estrada, Diego	Northern Arizona	28:54.60
3 Schirmer, Jeff	Southern Illinois	28:55.34
4 Osman, Ahmed	Northern Arizona	28:56.41
5 Shay, Stephen	BYU	28:56.71
6 Gonia, Daniel	Cal Poly Slo	28:57.28
7 Clark, Chris	California (Pa.)	29:03.10
8 Ashkettle, Ben	Northern Arizona	29:04.78
9 Llano, Matt	Unattached	29:06.65
10 Ealy, John	Ohio State	29:08.33
11 garcia, amado	Unattached	29:11.61
12 Rodriguez, Cele	Strands/puma	29:12.79
13 Ogden, Nathan	BYU	29:15.79
14 Levassieur, Matt	Unattached/Broo	29:19.99
15 Briney, Trent	McMillanElite	29:24.35
16 Gray, Joseph	Club Northwest	29:30.32
17 Swier, Troy	Cal Poly Slo	29:40.01
18 Bostrom, Morten	Northern Arizona	29:50.77
19 Limpf, Paul	Eastern Washing	29:56.66
20 Kotter, John	BYU	29:59.30
21 Buell, Michael	UC Riverside	30:03.11
22 Wagnew, Babey	Adams State	30:44.17
23 Aciermo, Jose	Mx International	31:03.98
--- Trujillo, Esteban	Eugene Running	DNF
--- Eaton, Michael	Louisville	DNF
--- Kosgei, Julius	Harding	DNF

Event 111 Women 10000 Meter Run Univ/Open U/O

Name	Team	Finals
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Finals

1 Porter, Sarah	Western	34:58.37
2 Gomez, Violeta	mexico team	35:19.40
3 Breihof, Lauren	Western	36:04.47
4 Zaspel, Abbie	Wis.-Milwaukee	36:04.57
5 Gray, Alia	Chico State	36:05.33
6 Wagner, Miranda	Augustana (S.D.)	36:07.16
7 Wiemann, Kelcie	UCLA	36:09.63
8 Hague, Kathryn	Lewis	36:12.06
9 Garcia, Claudia	See Jane Run	36:20.81
10 Lemmon, Jessica	BYU	36:23.26
11 Curtis, Adrienne	Southern Indiana	36:25.11
12 Schumm, Adrienne	See Jane Run	36:31.44
13 Escobar, Alma	San Diego St.	36:40.15
14 Steinke, Claire	South Dakota St.	36:42.94
15 Anderson, Kellie	Utah	36:44.34
16 Juarez, Jacqueline	UC Riverside	37:08.51
17 Verran, Mary	San Francisco	37:10.69
18 Bullin, Heather	Texas State	37:29.66
19 Burger, Shawna	VS Athletics TC	37:34.68
20 Conley, Laura	VS Athletics TC	37:36.60

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Name	Team	Finals
21 Ertl, Heidi	Wis.-Parkside	37:38.35
22 Tayrien, Alexandra	Western State	37:40.48
23 Veseth, Julia	Idaho	37:43.66
24 Anderson, Alyssa	Augustana (S.D.)	38:00.75
25 Devine, Addie	Northern Arizona	38:48.52
26 Hoese, Jenny	Minn. St. Mankat	39:28.89
27 Nourmohamadian, Gina	Hawaii	40:51.46
--- Storage, Tara	Run Ohio	DNF

Event 112 Men 10000 Meter Run Univ/Open U/O

Name	Team	Finals
Finals		
1 Chesto, Mark	Alaska	29:08.28
2 Batres, Mark	Team Run LA	29:25.30
3 Polley, Drew	Washington St.	29:26.46
4 Livingston, Brian	Nike Team Run	29:31.25
5 Boivin, Patrick	adidas Transport	29:32.34
6 Jensen, Bryant	Weber State	29:38.98
7 Abednego, Mugat	Azusa Pacific	29:47.76
8 Zwama, Paul	Fresno State	29:54.94
9 Zazueta, Victor	Arizona	29:55.91
10 Mannix, Tristan	Southern Indiana	29:56.06
11 Emerick, Dustin	Southern Indiana	29:57.41
12 Zywicki, Ben	Colorado Mines	29:58.98
13 Campanelli, Joe	Toronto	30:00.36
14 Tyhurst, Micah	International Ci	30:00.42
15 Welling, Jordan	Western	30:02.33
16 Elam, Jimmy	Chico State	30:03.85
17 Fox, Levi	Ohio State	30:04.83
18 Burck, Eric	Concordia (Ore.)	30:06.25
19 McLeod, Tim	Indiana	30:10.01
20 Williams, Taylor	Ohio State	30:10.88
21 Ramirez, Ruben	Nike Team Run	30:15.63
22 Brown, Sean	Western State	30:16.54
23 Quinn, Tim	Richmond	30:21.05
24 Tolentino, Todd	Metropolitan St.	30:23.83
25 Siemers, Art	Boulder Running	30:24.72
26 Boardman, Tom	Butler	30:25.74
27 Balcao, Scott	Air Force	30:28.13
28 Cowles, Parker	Air Force	30:31.19
29 Grandt, Levi	Richmond	30:39.21
30 Venancio, Marco	adidas Movin Sho	30:44.19
31 Riak, John	St. Martin's	30:44.74
32 Jackson, Jeff	The Masters	30:46.97
33 Price, Josiah	St. Martin's	30:51.36
34 Roeder, Justin	Butler	30:51.97
35 Abdalla, Mohamed	UCLA	30:52.27
36 Robles, Norberto	Unattached	30:54.30
37 Rock, Jonathan	Air Force	30:56.08
38 Olivera, Bobby	Cal St. Northrid	30:57.65
39 Karcher, Brandon	SE Missouri	30:58.32
40 Van Santen, Kyle	St. Martin's	31:06.75
41 Olson, Torrey	Pomona-Pitzer	31:09.02

42 Perez, Emilio	Unattached	31:12.23
43 Orvold, Ben	Wis.-Parkside	31:21.08
44 Hacker, Rikki	KC Smoke TC	31:28.50
45 Handa, Brent	Csu Fullerton	31:29.63
46 Schuler, Zach	Louisiana Tech	31:32.15
47 Scanlon, Brendan	Chico State	32:05.15
48 Grace, Jeremy	San Francisco	32:07.59
49 Racine, Matt	Idaho	32:26.39
--- Harris, Drew	Northern Kentuck	DNF
--- Patananan, Justin	Nike Team Run	DNF
--- Melena, Jose	UC Riverside	DNF
--- Kern, Artur	Harding	DNF
--- Hernandez, Hector	Mx International	DNF
--- Lumpkin, Jason	SE Missouri	DNF